

# *JOURNEY ADVENTURE PROGRAM*

A two day a week program for 6<sup>th</sup> grade students that teaches responsibility and respect for self, others and surroundings.

Your children will have a fun and rewarding time in active game playing while learning and laughing!

This program was put together to enhance what your children already know deep within themselves.

They will leave feeling empowered and full of pride!

During each session they will have great fun attaining skills such as: Creative problem-solving, decision making, relaxation techniques for stress reduction (which helps with focusing and creating peace within oneself), building cooperation, teamwork and trust.

Classes will be held at Windermere School.

Students will go directly to cafeteria after the end of the school day.

The Journey Adventure Program ends at 4:30. Students will be dismissed at that time and parents are asked to meet them near the front office.

The cost of the program is \$50.00 per student (\*Financial Assistance available)

**(Checks made to: Town of Ellington)**

\*All classes are held on Tuesdays and Thursdays\*

(except for Outdoor Adventure Day which is on a **Saturday**).

**Scheduled class dates are as follows:**

***October 1, 3***

***October 5th (Outdoor Adventure Day @ Ellington YMCA)***

***October 8, 10, 15, 17, 22, 24***

***October 29th (Last day/Graduation Day)***

\*If interested, please call Chantal at Youth Services: 870-3130\*

**Space is limited, so please call A.S.A.P. to reserve your spot!**